

HOW TO REGISTER WITH CIGNA

- Mycigna.com
- Register

Customer Login

Username

Password

 Show

Log In

[Forgot Username](#)

[Forgot Password](#)

Haven't created an account yet?

Register

[Registrarse en Español](#)

[← Back to myCigna](#)

Before you continue

If you're the **subscriber** (you signed up for the plan through your employer or on your own through a health exchange), you'll need:

- Your Social Security Number
- OR Cigna Healthcare ID number (found on the front of your ID card)
- OR Medicare number

If you're the **dependent** (the child or spouse/partner covered under someone else's plan), you'll need:

- Your Social Security Number
- OR Cigna Healthcare ID number (found on the front of your ID card)
- OR the subscriber's Social Security number
- **AND** the subscriber's home ZIP code

For Employee Assistance Program (EAP) or Confide only, you'll need:

- The Employer Name or ID

Make sure:

- You're enrolled in a Cigna plan with coverage based in the United States (International customers should register with [Cigna Envoy](#))
- Your date of birth and ZIP code match what's on file with your employer (if your plan is offered through work)

[Start Registration](#)



Start by entering a few details

First name

John

Last name

Doe

Email Address

john.doe@virginvoyages.com

Date of Birth

01/01/1989



mm/dd/yyyy

Subscriber's ZIP Code

33322

We may have the subscriber's previous ZIP code on file.

By continuing, you acknowledge that you have read and agree to [Cigna's Terms of Use](#) and [Website Privacy Notice](#).

Continue

Register your myCigna account for easy secure access to your plan benefits.



Download your digital ID card



Manage accounts and claims



Access virtual care resources

Verify your identity

What best describes you?

- ☐ I'm the Subscriber on a non-Medicare plan.
The person who signed up for the plan either through your employer or on your own through a health exchange.
- ☐ I'm a Dependent on a non-Medicare plan.
A child, spouse, or domestic partner covered under the subscriber's plan.
- ☐ I'm a Cigna Medicare or Medicaid customer
- ☒ I want to register for the Employee Assistance Program or Confide ONLY

[Continue](#)

Looking for another Cigna website?

- [Cigna for Health Care Providers](#)
- [Cigna for Brokers Login](#)
- [Cigna Access \(For HR admins\)](#)
- [Cigna Envoy \(For customers outside of the USA\)](#)

You can also [register as a personal representative](#) if you're representing someone else.



Verify your identity

Register for Confide or Employee Assistance Program

Employer Name or ID
John Doe

Your Relationship to the Employee
Employee

This registration is for Confide or EAP only. If you have other coverage with Cigna, please go back to the previous screen.

[Continue](#)

About Confide and EAP

Confide and EAP provide access to work/life resources and licensed clinicians. Services are available to anyone in your household.

Not what you're looking for?
[Try a different registration method.](#)

This is as far as I could get without having the correct information