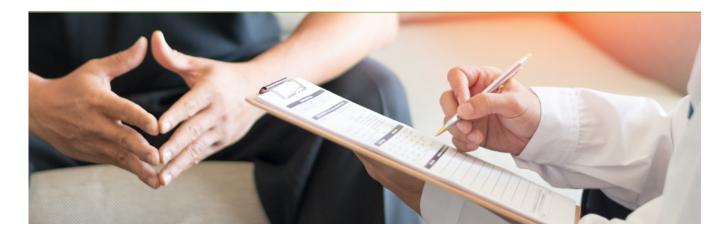


## Reproductive Urology (male-factor) Services



Approximately 1 in 8 face infertility, which is defined as the inability to conceive a healthy pregnancy within six to twelve months while having unprotected sex. About one third of these cases are due to the partner with sperm having an inability to create and ejaculate healthy sperm, sometimes called male-factor infertility.

Progyny covers treatment for sperm related or male-factor infertility, which typically means there is an issue with sperm production or delivery, motility or the shape of sperm, or a blockage in the reproductive tract. While treatment will vary, you may need to see a reproductive urologist, a doctor who specializes in reproductive health for people who produce sperm.

The Progyny benefit provides treatment coverage for these services, access to a curated network of reproductive urologists, and dedicated Patient Care Advocates to ensure you have the support you need.

## Your Initial Consultation

Individuals and couples often see both a reproductive endocrinologist and reproductive urologist, who work closely together to help achieve their family building goals. Like an initial consultation you may have had at your fertility clinic, the initial evaluation will be your first appointment with a reproductive urologist. You will discuss your family building goals and may have an in-depth physical evaluation. In addition to the medical evaluation, your reproductive urologist may order laboratory tests. These tests will check hormone levels and may include an ultrasound, genetic testing, and sperm testing.

It is important to be prepared to go through your medical history, surgical history, family history and provide information on any medications or supplements you may be taking. Be sure to bring any records of previous semen analyses and/or recent medical evaluations with other physicians. Check in with your reproductive urologist and his office to understand if there is anything else you can do to prepare for your appointment.

To learn more about these services and your family building options, speak to your dedicated PCA